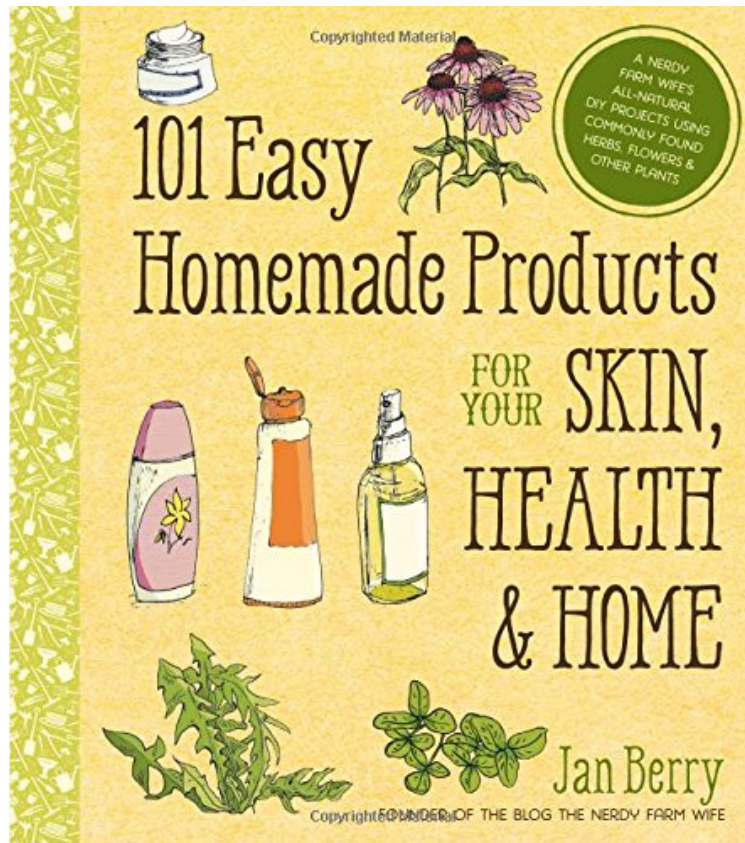


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# 101 Easy Homemade Products for Your Skin, Health Home: A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers Other Plants

Jan Berry

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**Jan Berry : 101 Easy Homemade Products for Your Skin, Health Home: A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers Other Plants** before purchasing it in order to gauge whether or not it would be worth my time, and all praised 101 Easy Homemade Products for Your Skin, Health Home: A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers Other Plants:

35 of 36 people found the following review helpful. Great recipes for all skill levels By SummerMeadow8 I am a long time follower of Jan's blog The Nerdy Farm Wife so I was quick to preorder this knowing how great her recipes are. She is a concise writer of recipes, with easy to follow instructions. I am cautious in trying new things and her straightforward approach got me making some salves and lotion bars. I'm excited to try some new things in this book. About the book itself: The photos are gorgeous. The spine of this book is unique, a combination of glue and string

bound that allows for it to open wide and stay open from any spot in the book - which I think is such an attention to detail for a cookbook. What's inside: Skin care, salves balm, body butters lotion bars, creams lotions, soaks salts, bath melts scrubs, lip care, hair care, handmade soaps, home remedies, household solutions, and pet care. There's a great intro to the supplies you'll be using as well as a thorough index. Any skill level will find something to enjoy in this book.

1 of 1 people found the following review helpful. The Perfect Book To Get Started Making Your Own Products  
By Customer  
This book is just what I was looking for to make my own products. The book itself is very nice, with beautiful pictures. The instructions are written to where you can understand what you are doing and the items needed are available. I am glad I picked this book to purchase.

2 of 2 people found the following review helpful. Beautiful and inspiring book  
By MamaC  
Accessible and inspiring projects. I have made several things already and they all turned out very well. Would be great for beginners. I am an experienced herbalist but still found this book to be fun and very useful.

Go Green in Every Part of Your Life with These Easy, All-Natural Herbal Products  
Kick toxic, synthetic skin care products and cleaners out the door and bring the healing joy of nature into your life with the simple, versatile projects in 101 Easy Homemade Products for Your Skin, Health Home. In this incredible resource, Jan Berry teaches you the basics of making your own skin care and hair care products, health remedies and household cleaners then how to customize them into truly unique and personalized items! You'll learn how to make:- Honey, Rose Oat Face Cleanser- Cool Mint Body Wash- Basic Calendula Lotion- Floral Salt Foot Scrub Bars- Basil Lime Lip Balm- Lavender Oatmeal Soap- Violet Flower Sore Throat Syrup- Thyme Counter Cleaner- Lavender Laundry Detergent- And so much more! All of the projects are easy to make and use commonly found herbs, flowers, oils and other natural ingredients. No fancy equipment or previous experience required! If you don't have a certain ingredient on hand, Jan provides tips on how to substitute and what works best. Going green has never been easier or more affordable. With this book, you can use local, natural ingredients to make something beautiful, effective and good for you and your family.

If I could only choose one book to lead me from garden to kitchen to make my own body care products, this would be the one. This book is a keeper!

Marlene Adelman, founder and director of The Herbal Academy  
This book is full of tested recipes and solid instructions. It has a little bit of everything. I love the practical tips for handling ingredients and safely storing your handmade products.

Anne-Marie Faiola, founder of SoapQueen.com, owner of Bramble Berry and author of Soap Crafting and Pure Soapmaking  
Beautifully arranged and photographed! Jan has finally taken her wonderful recipes and gorgeous photography and created a dreamy handcrafters guide. Her whimsical formulas combine play and purpose, making this a useful book to enjoy year-round.

Holly Bellebuono, director The Bellebuono School of Herbal Medicine and author of The Essential Herbal for Natural Health and The Healing Kitchen  
So many books provide recipes for the do-it-yourselfer to make at home, but few give you tips for how to craft your own recipes. I'm excited to make Jan's recipes, but over-the-moon about the idea that her readers will be encouraged to source simple ingredients from the backyard and get creative in the kitchen to make natural body care products at home!

Dawn Combs, author of Heal Local and co-owner of Mockingbird Meadows  
Whether you have a small handful of dried calendula in the cupboard or a yard full of dandelions you want to put to good use, Jan Berry is your best friend. The deep connection she has with the plants she works is evident as she introduces you to their personalities and dreams up simple and creative ways to invite them into your home. Nerdy doesn't quite describe this farm wife's enthusiasm for herbs - she's pure genius!

Rachael Brugger, managing editor at HobbyFarms.com and UrbanFarmOnline.com  
About the Author  
Jan Berry is the writer and photographer of the blog The Nerdy Farm Wife, where she shares creative ways to turn herbs, flowers and other garden plants into pretty things that are fun and practical. She writes regularly for HobbyFarms.com and Natural Herbal Living magazine. Her projects have been featured on Natural Living Mama, Empress of Dirt, Lovely Greens, BuzzFeed, Money Saving Mom, the Bulk Herb Store Blog and more. She lives on a farm in the Blue Ridge Mountains of Virginia with her husband, two children and a menagerie of farm animals.