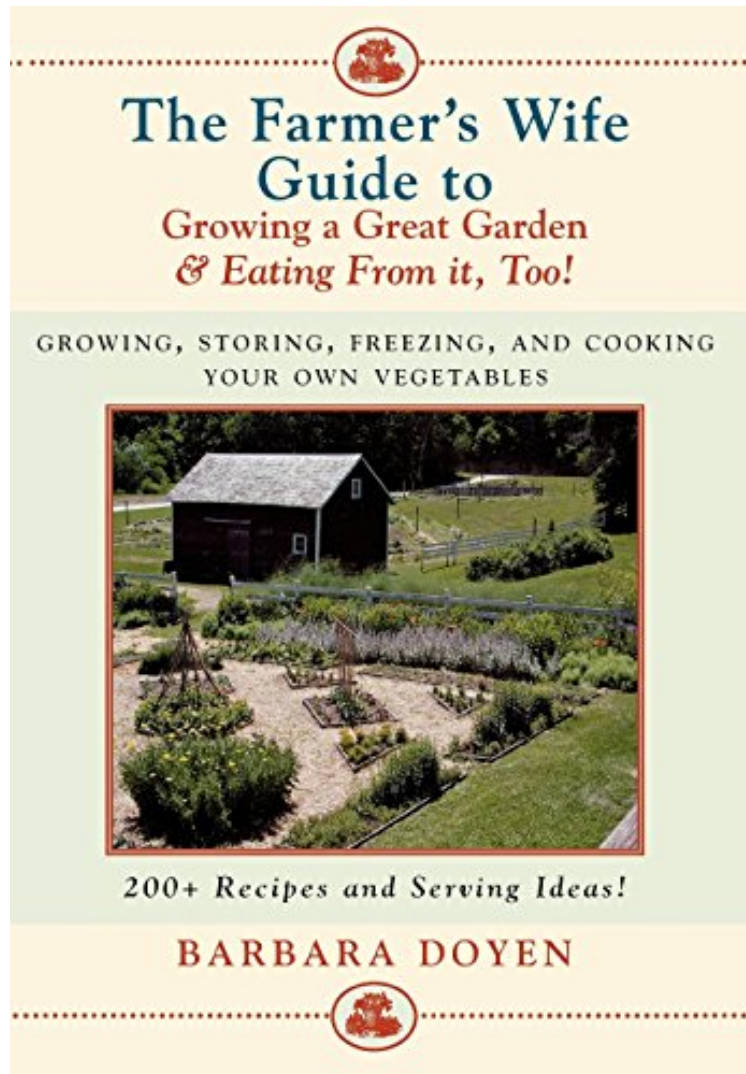


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The Farmer's Wife Guide To Growing A Great Garden And Eating From It, Too!: Storing, Freezing, and Cooking Your Own Vegetables

Barbara Doyen

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A delightfully original package, this book gives advice on growing your favorite vegetables, and then provides ample instructions on how to prepare or preserve the results.

From the PublisherWhy Garden? Homegrown vegetables taste much better than anything you can buy because they are freshyou can harvest them at their peak ripeness and eat them within minutes. Plus, you can grow as many special varieties of your favorite vegetables as you like, types not available in stores. Growing your own means controlling exactly what kinds of pesticides or other additives go into your produce. Plus, you can save a lot of money. Within The Farmers Wives Guide to Growing a Great Garden and Eating From it, Too!, Barbara Doyen, a real farmers wife, gives detailed instruction for growing a wide variety of delicious vegetables, along with terrific recipes. From the domestic to the exotic, the Farmers Wives expertise is always thoroughly explained and calculated to bring out the best in whatever plant she is working with. Growing, Storing, Freezing and Cooking Instructions, + 200 Recipes and Serving Ideas for: Asparagus Beans Beets Broccoli Brussels Sprouts Cabbage Carrots Cauliflower Corn Cucumbers Eggplant Kale Kohlrabi Lettuce Okra Onion Parsnips Peas Peppers Potatoes Pumpkin Radishes Soybeans Spinach Summer Squash Winter Squash Sweet Potatoes Swiss Chard Tomatoes ZucchiniAbout the AuthorBarbara Doyen