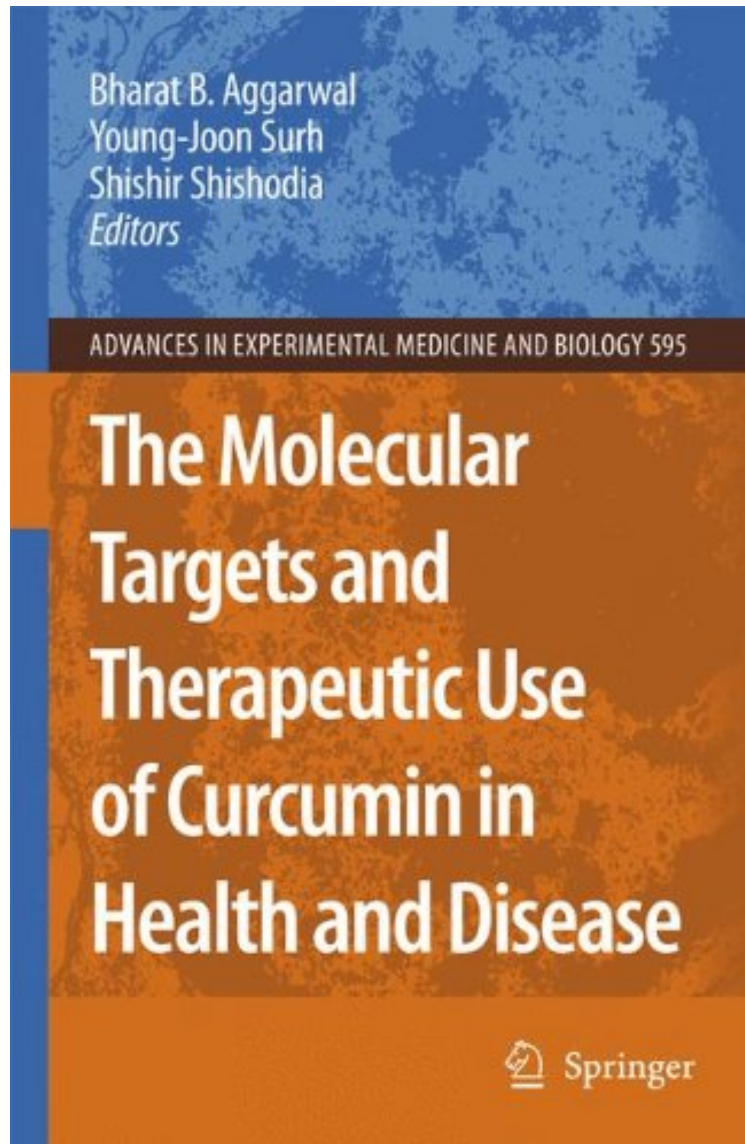



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(Advances in Experimental Medicine and Biology)

The Molecular Targets and Therapeutic Uses of Curcumin in Health and Disease (Advances in Experimental Medicine and Biology)

*From Bharat B Aggarwal Young Joon Surh S Shishodia
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From Bharat B Aggarwal Young Joon Surh S Shishodia : The Molecular Targets and Therapeutic Uses of Curcumin in Health and Disease (Advances in Experimental Medicine and Biology) before purchasing it in order

to gauge whether or not it would be worth my time, and all praised *The Molecular Targets and Therapeutic Uses of Curcumin in Health and Disease* (Advances in Experimental Medicine and Biology):

6 of 6 people found the following review helpful. Interesting at times, but prolix
By Jerry Kurjian
To the best of my knowledge, "Molecular Targets and Therapeutic Uses of Curcumin in Health and Disease" is the only academic volume available that surveys the potential health benefits of curcumin. Though each of the chapters lauds curcumin as a potential wonder drug, the overall message of the book, published in 2007, is that clinical evidence is lacking. Since the mechanism of action was not known (perhaps it is now), most of the chapters are vague concerning how curcumin might work. A couple of authors do propose possible mechanisms, and I found these to be the most concrete and the most interesting chapters. Generally, though, the volume felt bloated and vague. What sparse but concrete research was available at the time could most likely have been presented in half the pages or fewer and with greater effect.

The medicinal uses of Curcumin (also called turmeric) have been known and described for more than 5000 years. A large body of recent research suggests that curcumin is potentially useful in the treatment of inflammatory diseases, through modulation of numerous molecular targets. This is the first monograph to focus on the potential use of curcumin in the treatment of cancer, diabetes, cardiovascular diseases, arthritis, Alzheimers, psoriasis and more.