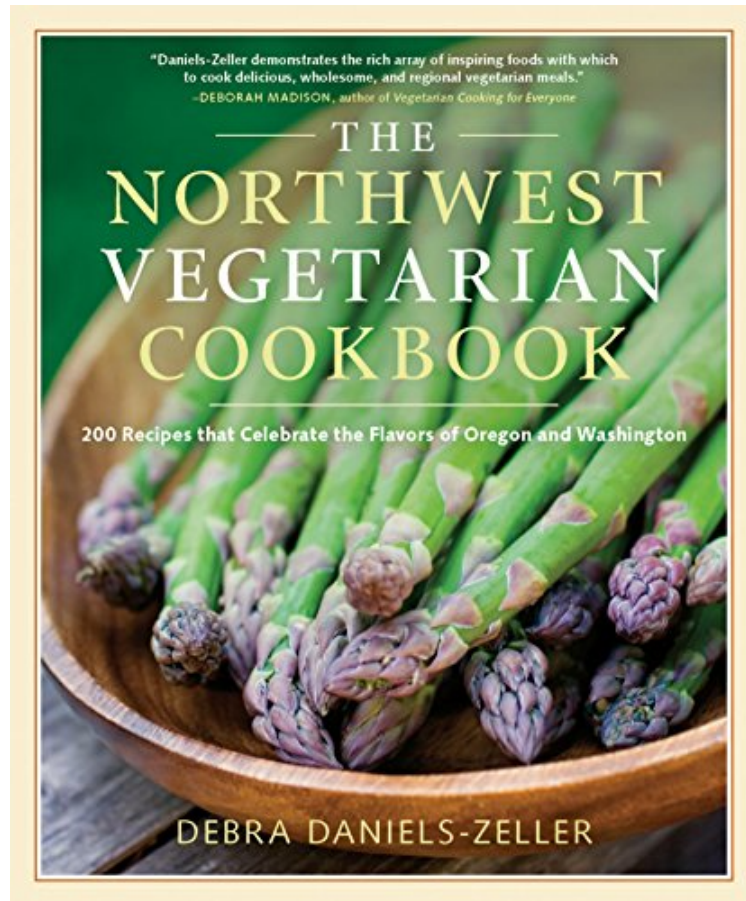


[Get free] The Northwest Vegetarian Cookbook: 200 Recipes That Celebrate the Flavors of Oregon and Washington

The Northwest Vegetarian Cookbook: 200 Recipes That Celebrate the Flavors of Oregon and Washington

Debra Daniels-Zeller

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Debra Daniels-Zeller : The Northwest Vegetarian Cookbook: 200 Recipes That Celebrate the Flavors of Oregon and Washington before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Northwest Vegetarian Cookbook: 200 Recipes That Celebrate the Flavors of Oregon and Washington:

5 of 5 people found the following review helpful. Great Recipes and Stories! By Janice B. Schwert These recipes, unique yet easy to make, take full advantage of the bounty of the Northwest. Loved hearing the stories of farmers who grow our food and learning when different kinds of produce are in season. Essential information for anyone who wants to eat locally and organically. 1 of 1 people found the following review helpful. Northwest Vegetarian Cookbook By Alice Merkle Excellent descriptions of NW growers/farms and recipes for using their produce. I highly recommend this cookbook and have given it as gifts to relatives who pored over my copy and expressed interest in getting it for themselves. 0 of 0 people found the following review helpful. Five Stars By chana. Many wonderful recipes!

From wild chanterelle mushrooms and Walla Walla onions to marionberries and hazelnuts, the Pacific Northwest produces some of the countrys most delicious food. The Northwest Vegetarian Cookbook features 200 fresh, accessible recipes that celebrate these unique flavors. It also profiles twelve growers and beekeepers of Oregon and Washington through inspiring essays that transport the reader to the farm where food is picked from trees, bushes, and vines. Debra Daniels-Zeller has created a great culinary reference and an introduction to the bounty of local markets, with tips on how to buy and store seasonal produce. Includes breakfast foods, year-round salads, soups and breads, starters and sides, entrees, and desserts. Readers will walk away from this book - and straight to the local farmers market - with recipes for each season and every part of the day.

Even non-vegetarians will find favorite dishes to enjoy. Have fun buying and cooking locally. Portland Book Daniels-Zeller demonstrates the rich array of inspiring foods with which to cook delicious, wholesome, and regional vegetarian meals. Deborah Madison, author of *Vegetarian Cooking for Everyone*